

# OVERWHELMED

## OVERWHELMED Part 4 - Doubts

Scotty Priest

May 25, 2025

**Open with prayer.**

### **Get to Know You (10 Minutes)**

- Share an experience or a time you struggled to believe something until you saw it?
- What do you think people usually associate with the word doubt?

### **Observation & Discussion (30 Minutes)**

As you read through the scripture below, try to put yourself in the shoes of Thomas, John, the disciples, etc. What stands out to you in each passage?

#### **John 20:24-25**

“Now Thomas, one of the Twelve, was not with the disciples when Jesus came. So the other disciples told him, “We have seen the Lord!” But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”

#### **Matthew 11:2-3**

When John, who was in prison, heard about the deeds of the Messiah, he sent his disciples to ask him, “Are you the one who is to come, or should we expect someone else?”

### **Matthew 28:16-17**

Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. When they saw him, they worshiped him; but some doubted.

### **Mark 9:22-24**

“But if you can do anything, take pity on us and help us.” “If you can?” said Jesus. “Everything is possible for one who believes.” Immediately the boy’s father exclaimed, “I do believe; help me overcome my unbelief!”

### **John 6:68-69**

Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life. We have come to believe and to know that you are the Holy One of God.”

1. What do these passages teach us about the coexistence of doubt and faith?
2. Imagine yourself in these situations; can you relate and why?
3. How does Jesus respond to their doubt? What does that teach us about God’s character?
4. What uncertainties or doubts are you facing right now?

## **Next Step (10 Minutes)**

- Here are some practical ways to handle our own doubt as we lean into and trust God -  
Give voice to your doubts.  
Doubts can push you to God.  
Doubt your doubts.  
Choose to trust.

If you are facing doubt of any kind, what one practical step can you take from this list this week to practice?

## **Prayer Requests (5 Minutes)**

Pray with your group to close.

## **Challenge**

During this series, make time to spend 15 minutes of uninterrupted time with Jesus every day. No agenda, just intentional time of quiet to pray, listen, read or sit at the feet of our Lord.