

# Uniqueness is learning more about yourself so you can make a difference.

## DAY 1

### Read Psalm 139:13

Uniqueness is learning more about yourself so you can make a difference. Of all the people in the whole world, there is NO ONE exactly like you. You might find someone who likes many of the same things you do, but you will never find anyone who's exactly like you. Because no two people were created together in the same way. Even twins! Isn't God creative?

Imagine for a minute what it must have been like when God was creating you. Maybe God said, "I'll give this one deep brown eyes and a love of art," or "I'll give this little guy a brain that loves numbers underneath all that curly hair." God knew exactly what you'd look like, what you'd sound like, and what you would DO once you made your big appearance. God made you, knows you, and loves you!

Ask your grownup to show you your baby book or some pictures from your preschool years. What did they think you would be like as you grew up? Were they right? Why or why not?

## DAY 2

### Read Psalm 139:14

Do you ever look at the people around you and think, "If only I could run fast like so and so..." Or, "I wish I could draw like that guy." It's normal to do the comparison game and wish we were more like someone else, but uniqueness isn't about some other person's story. It's about YOUR story. It's discovering all the unique and special things about you that can be used to make a difference. Instead of focusing on what's true about the people around you, ask God to show you how your uniqueness can be used to make your world a better place.

### Thumbprint Selfie

Create a thumbprint portrait of YOU! Use a stamp pad or color your finger with a marker and place your thumbprint on the page. Draw a face, hair, arms, and legs to create a "thumbprint portrait." Then draw a large thought bubble like you find in a cartoon coming from the thumbprint's mouth. Inside the thought bubble, write one or two things that make you, you.

DAY 3

### Read Psalm 139:15

The bones in your body are pretty amazing. Without them, you'd be one big squishy pile of organs, muscle, and skin. You wouldn't be able to do anything you can do now.

Before you were born, God made sure everything was exactly the way you were created to be. God put all those bones in all the right places, making each and every single one of us unique and different but STILL exactly the way God wanted us to be. And guess what? All that forming and shaping was for a REASON! God has big plans for you, and that plan includes sharing God's love with everyone around you!

#### No Bones About It

Try to guess the answers to the questions below. Check your answers to see if you're correct.

1. How many bones are in the human body?
2. What is the longest bone in the human body?
3. Where are the smallest bones in your body located?

Answers: 1. 270-300 at birth; 206 by adulthood; 2. The femur; 3. Your ears!

DAY 4

### Read Psalm 139:15b-16

Did anything happen today that took you by surprise? Maybe you had a pop quiz on your spelling words. Maybe your dad came home early from a business trip. While most of us have a pretty good idea of what to expect each day, every day brings a few surprises.

Want to hear an amazing, blow your mind kind of truth? God knows every single thing about the day ahead, from the cereal you'll eat for breakfast to who you'll play with at recess. God even knows the exact moment you will drift off to sleep in your bed tonight. Nothing is a surprise to God. So as you discover who God made you to be, ask God to guide you today to make a difference in the world around you.

Do you have a plan for tomorrow? Is it a school day? Write down three things you think you'll do tomorrow. As you head for bed at the end of the next day, check your list to see if you were right!

God made you,  
knows you,  
and loves you.

