

## **Part 7 - The Priority of Prayer**

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### Open with prayer.

## Get to Know You (10 Minutes)

• What is your favorite Thanksgiving side dish?

# **Observation & Discussion (30 Minutes)**

Read passages below:

#### James 5:13-16

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

- 1. What questions do you have or what stands out to you from this passage?
- 2. How can prayer help you walk through difficult times?
- 3. Why does James call us to prayer in the good times?

- 4. Read verse 16 James talks about confessing our sins to one another so we will be healed. How can we support each other to live this out?
- 5. Have you experienced community support in a difficult time? What barriers might keep us from living out verse 16?
- 6. In what ways have you experienced God working in your life through prayer?

## **Next Step** (10 Minutes)

• What steps can you take to create a habit of prayer, confession, and healing in your daily routine?

A great tool to help guide you through prayer time is to use the acrostic PRAY.

P - Praise

R - Repent

A - Ask

Y - Yield

For more resources on **Prayer** and **Spiritual Habits** visit our resources page at <a href="https://journeycolorado.com/spiritualhabits/">https://journeycolorado.com/spiritualhabits/</a>

## **Prayer Requests** (5 Minutes)

Share prayer requests and pray with your group.

### Closing prayer:

God, we thank you for your word as we are reminded of the importance of prayer and the promise that you always hear us. Help each of us to come to you in suffering, joy and with our spiritual needs.

Your word tells us that when we confess to you, you will forgive us. We ask for your forgiveness, and we trust in the grace of your mercy, knowing that you do not condemn us but lovingly restore us. We trust in you and believe in your goodness, knowing that you love each of us right where we are, as we take our next steps to grow in our relationship with you. Amen.

# Challenge

Read the book of James (weekly). It'll take around 15 minutes to read the entire letter.