

HELP AND HOPE CENTER FOOD PANTRY NEEDS

Food/Pantry

- Cooking Oil
- Jelly
- Diapers Any Size
- Paper Towel
- Refried Beans
- Honey
- Crackers
- Snack Foods of Any Kind
- Chef Boy Ardee
- Tuna Fish

Medical

- Vitamins
- Sleep Aids
- Eye Drops/Contact Solution
- Lotion
- Chapstick
- Allergy Meds
- Tylenol/Motrin
- · Cold/Flu Meds
- Band-Aids/First Aid Supplies
- Hair Product
- Throat Lozenges
- Probiotics
- Any new over-the-counter items with the seal still intact