

Twenty One
Days of Prayer

Journey Kids:

Hi friends! We are beginning our 21 Days of Prayer and Fasting as a church and I am so proud of you for joining us. It's incredible that we can come together as a church family to pray! Maybe you've never thought much of praying, but talking to God is one of the greatest things we can do! Isn't it exciting that you can talk to God?

Talking to God is so special because you can pray anywhere at any time! Did you know that you can talk to God:

- at the beginning of the day
- at the end of the day
- outside or inside
- when good things and bad things happen
- alone or with friends and family

You can talk to Him just like He is sitting next to you!

Fasting is when we sacrifice something that we really enjoy so we can focus on God instead. I would love to challenge you to sacrifice something for 21 days...you may want to pick broccoli (ha), but it should be something you really love like your favorite TV show, sweets, video games, soda, playing with a particular toy, dessert, etc...When you crave what you have chosen to give up, stop and take the time you'd spend doing that to pray, read your Bible or do this devotional.

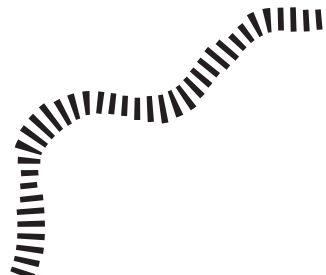
Praying and fasting will help you to grow in your faith and relationship with Jesus, help you to hear God's voice, resist temptation, and provide a way you can pray and ask Jesus for whatever you need. Jesus promises us that when we draw close to Him, He will draw close to us!

I can't wait to see how God works in your life during this time. Be sure to share with me or your Small Group Leaders what you are learning and how you are doing!

Love,

Mrs. Becky

KIDS PASTOR



Parents and Caretakers:

I'm so glad we get to partner with you as a parent during this time of 21 Days of Prayer and Fasting. Once your child has made a personal decision to make Jesus their Lord and Savior, you can begin to introduce them to fasting and prayer in a small but powerful way.

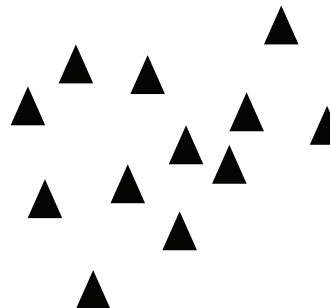
You have a great opportunity to lead by example and to help your children grow in their next steps of faith. You can share with them what you are doing on this 21 day journey and why. Encourage them to share what they are reading, praying about and how their fast is going throughout this devotional. Teaching them at a young age to fast and pray will equip them how to deal with whatever comes their way and give them the tools to continue to follow Jesus with all of their hearts!

There are some parents who will introduce their children to fasting by having them give up something they enjoy doing such as video games or TV, and some may have them fast from sweets, dessert or their favorite snack — outside of their meals. I would never advocate for a child to go without a meal. If your child is fasting their favorite activity or favorite treat, keep in mind that if they are not engaging God in some way through His Word or through prayer, there is no spiritual benefit at all. I hope this 21 Day Devotional Booklet will be a great benefit to your child and help promote discussion and an opportunity to grow in their relationship with Jesus!

I am also excited to see how God teaches and guides you as you lead your family during our 21 Days of Prayer and Fasting together. Amazing things can happen when we are gathered together and united in prayer! I'll be praying for you and your family!

Happy 21 Days!

Becky Stutzman
KIDS PASTOR



Monday, January 8, 2024

Day 1



Today's Bible Reading

Hosea 10:12



Talk About It

(Elementary) Sowing in righteousness simply means doing the right thing in the sight of God. How can you do the right thing in God's eyes?

(Preschool) Can you obey and do what Jesus wants us to?



Pray About It

Take some time to pray together. Ask Jesus to help you walk in love and do what is right.

Write or draw a picture of your thoughts.

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Tuesday, January 9, 2024

Day 2



Today's Bible Reading

John 12:24-26



Talk About It

(Elementary) The grain of wheat symbolizes our lives and all that we want for ourselves. Jesus says we must die to our own wants and follow Jesus. What are some ways you can put Jesus first in your life? (hint: less TV, daily devotions)

(Preschool) Do you want to follow Jesus?



Pray About It

Take some time to pray together. Ask Jesus to help you to sacrifice your own wants and needs and to follow him!

Write or draw a picture of your thoughts.

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Wednesday, January 10, 2024

Day 3



Today's Bible Reading

Psalm 63:1-5



Talk About It

(Elementary) When you love God, you should seek Him. Because His love is better than life, the words that come out of your mouth should praise God. What are some words you can say to praise God?

(Preschool) Can you sing a praise song to God?



Pray About It

Take some time to pray together. Think of some things you can praise God for and thank Him for all He has done for you.

Write or draw a picture of your thoughts.

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Thursday, January 11, 2024

Day 4



Today's Bible Reading

Matthew 6:33-34



Talk About It

(Elementary) Our top priority can either be God, or money, but it cannot be both. When you make God your priority, then Jesus says we should fight anxiety and fear about our daily needs because he takes care of us. What are some ways that you make God priority in your life?

(Preschool) How does Jesus take care of what you need?



Pray About It

Take some time to pray together. Thank Jesus because he knows exactly what you need and will take care of you. Tell Jesus that you want to make him top priority in your life.

Write or draw a picture of your thoughts.

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Friday, January 12, 2024

Day 5



Today's Bible Reading

Psalm 121:1-2



Talk About It

When you need help, you can be like David who said he lifts up his eyes to the mountains and that his help comes from the Lord who made heaven and earth. When you need help, do you ask Jesus to help you?

(Preschool) Say, "Jesus loves me and helps me!"



Pray About It

Take some time to pray together. Thank God for always helping you and your family. Ask Him to help you with anything you need.

Write or draw a picture of your thoughts.

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Saturday, January 13, 2024

Day 6



Today's Bible Reading

Matthew 11:28-30



Talk About It

(Elementary) When you are tired and worn out, you can go to Jesus and he will help you. Have you ever asked Jesus to help you when you felt tired or overwhelmed?

(Preschool) Jesus will always help you when you are tired.



Pray About It

Take some time to pray together. Thank Jesus for giving you rest when you are tired or feel overwhelmed.

Write or draw a picture of your thoughts.

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Sunday, January 14, 2024

Day 7



Today's Bible Reading

1 Corinthians 3:5-9



Talk About It

(Elementary) God makes things grow and uses others to help. How do you hope to grow in your relationship with Jesus this year?

(Preschool) What did you learn about Jesus last year?



Pray About It

Take some time to pray together. Ask Jesus to help you to grow as you continue to learn about Him this year!

Write or draw a picture of your thoughts.

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Monday, January 15, 2024

Day 8



Today's Bible Reading
Matthew 22:37-39



Talk About It

(Elementary) The greatest commandment in the Bible is that you should love the Lord your God with all of your heart, soul and mind. The second one is like it and says that you should love your neighbor as yourself. Who is your neighbor? What is an example of how you can love them as much as you love yourself?

(Preschool) How can you love others?



Pray About It

Take some time to pray together. Ask God to help you to love him with everything you have and to love others more than yourself.

Write or draw a picture of your thoughts.

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Tuesday, January 16, 2024

Day 9



Today's Bible Reading **Galatians 6:7-10**



Talk About It

(Elementary) If you plant a tomato seed, you will grow a tomato. Jesus says the same about us. If we do good, we will receive good things. The Bible says don't get tired of doing good and don't give up because sometimes it is hard. What are some ways that Jesus has blessed you for doing good?

(Preschool) What are some ways that you can do good things for others?



Pray About It

Take some time to pray together. Ask God to help you to choose to do the right thing and not give up. Ask him to help you do good to all people, especially others that follow Jesus.

Write or draw a picture of your thoughts.

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Wednesday, January 17, 2024

Day 10



Today's Bible Reading
Proverbs 11:24-25



Talk About It

(Elementary) Proverbs says that if you are generous and bless others, you will be greatly blessed but if you are stingy, you won't receive much. Do you think you are a giver or a taker? What are some ways you can be a giver?

(Preschool) Do you like to help others? How can you help your Mommy and Daddy?



Pray About It

Take some time to pray together. Ask Jesus to help you to have a giving heart and to always look for ways to help others.

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Thursday, January 18, 2024

Day 11



Today's Bible Reading

Hebrews 10:24-25



Talk About It

(Elementary) God wants us to do life together with others that believe in Him too! When we do this, we can encourage each other. What are some ways that you have felt encouraged by others that you go to church with?

(Preschool) What is something nice you can tell someone to make them feel better?



Pray About It

Take some time to pray together. Thank God for helping you to be encouraging and loving to others. Ask him to show you ways that you can continue.

Write or draw a picture of your thoughts.

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Friday, January 19, 2024

Day 12



Today's Bible Reading
Matthew 9:35-38



Talk About It

(Elementary) Jesus had compassion when he saw the crowds because they were lost and helpless, like sheep without a shepherd. This means the people didn't know Jesus, who is our Shepherd. He said there are so many people that need Jesus but we need more workers (people) to tell them about Him. Name a few people that have helped you learn about Jesus.

(Preschool) Jesus had compassion for the lost people who didn't know him. Do you have any friends that you can tell about Jesus?



Pray About It

Take some time to pray together. Pray for more people to tell others about Jesus, for more volunteers at church and that people that don't know Jesus, will decide to follow him.

Write or draw a picture of your thoughts.

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Saturday, January 20, 2024

Day 13



Today's Bible Reading

Ephesians 4:29-32



Talk About It

(Elementary) The Bible says that we shouldn't let anything naughty come out of our mouths and only say what is kind and compassionate. We should forgive others when they hurt us just like Jesus forgave us. Has someone in your life hurt you before?

(Preschool) What are some nice things that you can say to other people?



Pray About It

Take some time to pray together. Ask God to help you forgive other people that hurt you and to help you show kindness and compassion to others.

Write or draw a picture of your thoughts.

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Sunday, January 21, 2024

Day 14



Today's Bible Reading

Philippians 2:3-5



Talk About It

(Elementary) Sometimes it is easy to be selfish and only think of ourselves — especially when someone is playing with a toy that you want or when someone wants to play with the toy you have. What can you do next time that happens to help you put other people first?

(Preschool) The Bible says that we should have the same attitude that Jesus had. Can you name some attitudes that Jesus had towards others?



Pray About It

Take some time to pray together. Ask God to help you not to be selfish, put others first and to take interest (care about) others like He did.

Write or draw a picture of your thoughts.

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Monday, January 22, 2024

Day 15



Today's Bible Reading

Matthew 6:19-21



Talk About It

(Elementary) Jesus warned his followers about collecting treasures (material things) on earth because treasures on earth can break, get stolen, or wear out and your heart becomes too focused on those things instead of heaven. Treasures on earth can't last forever. What are some ways that you can store up treasures in heaven?

(Preschool) Is "in heaven" a good place to have your heart?



Pray About It

Take some time to pray together. Say something like: Dear God, I want my heart to be in heaven with You! Help me to store up treasures in heaven by obeying you, helping others, giving my offering to you, sharing Jesus with my friends and spending time at church learning, worshiping, serving and working.

Write or draw a picture of your thoughts.

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Tuesday, January 23, 2024

Day 16



Today's Bible Reading

Ecclesiastes 11:4-6



Talk About It

(Elementary) What this verse means is don't wait until perfect conditions to start something. Have you ever thought to yourself, "Tomorrow, I will be good and obey my parents" or "When I have more, I will share"? What are some things you have put off doing because it wasn't a perfect time for you?

(Preschool) Do you think you should do something your parent asks you to do right away?



Pray About It

Take some time to pray together. Ask God to help you not put off what you should do because it's not the perfect time. Ask Him to help you to always do the right thing at the right time.

Write or draw a picture of your thoughts.

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Wednesday, January 24, 2024

Day 17



Today's Bible Reading

2 Corinthians 9:6-11



Talk About It

(Elementary) God loves it when we are happy and excited to give away what he has given to us! Share a time that you gave away something and you were excited to give it to someone or do you have something that you really love that you would like to give away to someone else?

(Preschool) What is something that you have that you can give away?



Pray About It

Take some time to pray together. Thank God for all that He has given to you! Ask Him to help you not be stingy but to have a giving heart especially to those around you that are in need.

Write or draw a picture of your thoughts.

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Thursday, January 25, 2024

Day 18



Today's Bible Reading

Galatians 5:22-23



Talk About It

(Elementary) The fruits of the spirit are seeds God grows inside of us to show others what his love looks like. They are seeds of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control. Share about a time that you were able to show one of these Godly characteristics to someone else. Name one of the fruits of the spirit that you would like to grow more of in your life.

(Preschool) What is one way you can show more kindness to others?



Pray About It

Take some time to pray together. Tell God that you want the fruits of the spirit to grow in your life so you can show others what his love looks like. Ask him to help you with the ones that you want to grow more in.

Write or draw a picture of your thoughts.

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Friday, January 26, 2024

Day 19



Today's Bible Reading

1 Timothy 6:17-19



Talk About It

(Elementary) Our hope should be in God, not in the things that we have. God gives us everything that we need and wants us to use it to do good to others. What are some things that people may put their hope in other than God?

(Preschool) God gives us everything that we need. What is one way you can give to others?



Pray About It

Take some time to pray together. Thank God for providing everything we need and more. Ask God to help us to do good and to be generous and to show us people in need.

Write or draw a picture of your thoughts.

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Saturday, January 27, 2024

Day 20



Today's Bible Reading

James 3:17-18



Talk About It

(Elementary) God's wisdom is peace-loving, gentle and willing to yield to others. When you have God's wisdom, he will help you to not say hurtful things to others and to be kind and gentle in your responses. What are some examples of how you can respond with kind words especially when your sibling or friend does something that makes you upset?

(Preschool) Say: With God's help, I can do anything. I can speak kind words to others.



Pray About It

Take some time to pray together. Ask God for His wisdom to help you respond wisely to others and to always be careful not to hurt others with your words.

Write or draw a picture of your thoughts.

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Sunday, January 28, 2024

Day 21



Today's Bible Reading

Psalm 90:10-12



Talk About It

(Elementary) Time flies — do you remember just last year when you were in the ___ grade? God wants us to value every day we live and do everything we can to live every single day the very best we can for Him. Do you want to try and do that in 2024? Perhaps you can make a note to put on your mirror so it's the first thing you see in the morning to remind you that you want to live the day for Jesus!

(Preschool) We should make God happy every day that we are alive. Do you want to make God happy?

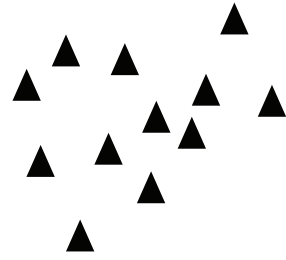


Pray About It

Take some time to pray together. Thank God for coming alongside you on this prayer Journey for the last 21 days with your family. Tell Him you love Him and promise to do your best to love and care for others. Ask Him to help you to continue to grow in your relationship with Jesus.

Write or draw a picture of your thoughts.

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Wow-wee-ka-zoo-ee!

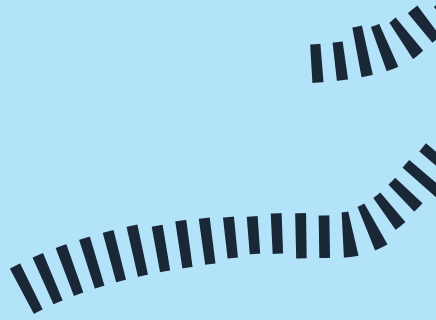
You finished 21 Days of Prayer and Fasting! I am so proud of you and I pray that you will continue to do daily prayers and devotions as you continue to take your next steps with Jesus!

Love,

Mrs. Becky

KIDS PASTOR





JourneyColorado.com/Kids