

Prayer Walks

Thoughts and Tips on how to pray in your neighborhood

What is prayer walking and why should I do it?

Prayer walking is just what it sounds like - praying to God while walking around. It's a simple way to follow the command in Scripture to pray for others, especially those that live in your own neighborhood. We believe God truly cares for those that live around you, and that He has specifically placed you there on purpose. Prayer walking is a way to ask God to move in your neighborhood, and for Him to open your eyes not only to his mission, but also how He might want to use you to impact your neighborhood for Christ.

Who can I do a prayer walk with?

You can do a prayer walk by yourself, with your spouse, with family, a small group, or other Christians in your neighborhood. It can bring purpose to your times with walking the dog, or just trying to get your steps in for the day. Your time prayer walking can be just as powerful individually as it is in a group.

How long should I prayer walk for?

You can prayer walk as short or as long as you want. It can be as simple as walking up and down your street, or you can take the time to travel all the streets in your neighborhood. It's more about being intentional with your time than the length of your walk.


How do I go about my prayer walk?

Here are 4 different things that can help guide your prayer walk.

- 1. OBSERVE** — As you walk through your neighborhood, what do you see? If you see a child's toy in a yard, you might be prompted to pray for the neighborhood's children, for families or for schools in the area. If you see a "For Sale" sign, pray for the family that is moving and for the new family that will be coming.
- 2. RESEARCH** — What do you know about your neighborhood and the people that live in it? If you've read up about the neighborhood, you might know something about the people who live there, or if the area suffers from certain issues or relational struggles. Pray about these things and ask God to act.

A great tool to use while you prayer walk through your neighborhood is the "Bless Every Home" app. You can download it from your phone's app store. Check it out. It will help you learn your neighbors' names and assist in keeping track of who and what you have been praying.





3. REVELATION — The Holy Spirit may nudge your heart or bring an idea to mind for a particular need, person, or area of prayer for your neighborhood. Listen - and pray!

4. SCRIPTURE — Reading some key Bible verses before or during your walk can be helpful in guiding your prayers. You can have some key Bible verses you reference, or maybe God brings some to mind. Pray through these verses and how it might impact the people living in your neighborhood. Here are some potential Scriptures you can pray through as you walk.

- **2 Chronicles 7:14** — *“...if my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.”*
(Pray for the healing of the land.)
- **Jeremiah 29:7** — *“But seek the welfare of the city where I have sent you into exile, and pray to the Lord on its behalf, for in its welfare you will find your welfare.”*
(Pray for the peace of the city.)
- **Luke 1:17** — *“...and he will go before him in the spirit and power of Elijah, to turn the hearts of the fathers to the children, and the disobedient to the wisdom of the just, to make ready for the Lord a people prepared.”*
(Pray for turned hearts.)
- **Colossians 4:3-4** — *“At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ, on account of which I am in prison — that I may make it clear, which is how I ought to speak.”*
(Pray for doors of opportunity to open.)
- **1 Timothy 2:1-4** — *“First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth.”*
(Pray for those in authority.)

