CONFERENCE CHURCH CHURCH

SCHEDULE / /

Friday, February 7

Welcome 6:15 p.m.

& Game Show

7:00 p.m. Session 1

7:30 p.m. Dessert Break

8:00 p.m. Session 2

8:30 p.m. Closing & Depart

Saturday, February 8

9:00 a.m. **Table Discussions**

9:30 a.m. Session 3

10:00 a.m. Brunch

10:30 a.m. Session 4

11:00 a.m. Break

11:15 a.m. Session 5

12:00 p.m. Closing & Depart

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- 4 Plan to Stay in Love By Andy Stanley
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- 8 **Marriage: Deciding to Decide**

By Craig Groeschel

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12 Session Five **Prioritizing Fun in Your Marriage**

14 Resources

OUR SPEAKERS //

Brian and Amy Bloye

In 1997, Brian and Amy Bloye planted West Ridge Church in Northwest Atlanta. Since then, West Ridge has helped to plant over 185 churches in the US and additional churches internationally. In 2015, Brian and Amy launched Engage Churches, a ministry designed to encourage, equip and connect church planting couples. They are also co-authors of It's Personal: Surviving and Thriving on the Journey of Church Planting. Brian is the president and co-founder of Engage Burkina, an organization devoted to reaching unreached people groups through planting churches, providing clean water, improving education and helping the physically disabled in Burkina Faso, Africa.



SESSION ONE //

Creating a Healthy Culture in Your Marriage

1 HOW DOES A MARRIAGE RELATIONSHIP BECOME UNHEALTHY?

Romance \rightarrow Reality \rightarrow Rut \rightarrow Resentment \rightarrow Regret \rightarrow Resignation

- 2 HOW CAN WE CREATE A HEALTHY CULTURE IN OUR MARRIAGE?
 - · Make Healthiness a Priority
 - · Create Healthy Boundaries
 - Stay Connected to Each Other Emotionally

SESSION TWO //

Creating a Healthy Culture in Your Marriage Part 2

CHOOSE TO CHEAT

"God never promises to make up for misguided priorities." - Andy Stanley

Strategy for Emotional Healthiness:

- · Divert Daily
- · Withdraw Weekly
- Escape Quarterly
- Abandon Annually
- 2 CREATE MARGIN FOR YOUR MARRIAGE
- UNDERSTAND THAT ONLY CHRIST CAN BE EVERYTHING YOU NEED

EPHESIANS 3:19 — May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. (NLT)

> "Holding out your empty bucket, expecting other empty people to fill your emptiness, will always leave you empty." - Brian Bloye

SESSION THREE //

Your Lifelong Project

- **1** COMMIT TO BE A TEAM
- 2 MAKE YOUR SPOUSE YOUR LIFELONG PROJECT

1 PETER 3:7 — Dwell with your spouse with understanding, according to knowledge.

- Study them
- · Share your spiritual journey with each other
- · Affirm one another

"When we look for goodness and beauty in one another and speak honest words of life over one another, we become like God with skin on for the other.

Affirmations heal wounds, cover shame, and communicate how God sees us — as infinitely valuable and lovable." — Pete Scazzero

· Pray together

JAMES 5:16 — The prayer of a righteous person is powerful and effective.

→ **PROJECT** – How Well Do You Know Your Spouse?

SESSION FOUR //

Raising Healthy Kids

- PARENT FROM GRACE
- 3 RELEASE YOUR CHILDREN FROM THE BURDEN TO PERFORM
- 4 LEARN TO USE YOUR PARENTING DIALS

"We are the sum total of things we've experienced, the decisions we've made, and the relationships we've had."

- **5** LOOK FOR NATURALLY OCCURRING MOMENTS TO INFLUENCE
- 6 ALLOW GOD TO USE CHALLENGES IN THE LIVES OF YOUR KIDS TO DRAW THEM TO HIMSELF.

SESSION FOUR //

TEACH YOUR KIDS TO RELY ON THE CHARACTER OF GOD.

Four truths about God's character

- God loves them unconditionally. (John 3:16, Ephesians 3:19)
- They can trust Him completely. (Proverbs 3:5-6)
- He will never leave them (Deuteronomy 31:6; Hebrews 13:5)
- Everything need is "in Christ." (Colossians 2:9-10)

PSALMS 90:12 — "Teach us to realize the brevity of life, so that we may grow in wisdom." (NLT)

SESSION FIVE //

Prioritizing Fun in Your Marriage

MAKE LIFE AN ADVENTURE

"A man without a vision for his future, always returns to his past."

- 2 BE SPONTANEOUS
- PRIORITIZE INTIMACY

"Before you get married Satan tries to get you into the bed; after you're married Satan tries to get you out of the bed." - Beth Moore

Every marriage needs a lot of two types of physical intimacy

- Sexual Intimacy
- Non-Sexual Intimacy

GENESIS 26:8 — And it came to pass, when he had been there a long time, that Abimelech king of the Philistines looked out at a window, and saw, and, behold, Isaac was sporting with Rebekah his wife.

SESSION FIVE / /



5 LAUGH TOGETHER

Two Questions

- · What makes your spouse laugh?
- · What makes you laugh together?
- **6** HAVE FUTURE GOALS AND DREAMS TOGETHER
- **7** FINISH WELL TOGETHER

