



**FROM THIS DAY FORWARD**

FIVE COMMITMENTS TO FAIL PROOF YOUR MARRIAGE

**FIGHT FAIR - WEEK 2**

**TALK  
IT  
OVER  
FOR COUPLES**

**How to use Talk It Over:**

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with the key questions, add in any optional scriptures and questions if needed, then wrap up by deciding on your next steps.

**Craig's Main Idea:**

All couples fight, but good couples learn to fight fair. When you fight you must "be quick to listen, slow to speak and slow to become angry."

**Key Questions:**

- What's one idea from the message that really stood out to you? Why did this idea grab your attention?
- Do a reality check: How would you evaluate the way you and your spouse fight? Do you typically fight fair or unfair? Explain.
- Craig said the keys to fighting fair are found in James 1:19, which says, "Everyone should be quick to listen, slow to speak and slow to become angry." In which of these three ways do you and your spouse do well when you fight and which do you not?

**Optional Questions:** If needed, include one or more of these scriptures and questions to extend your conversation.

- With your Bible or YouVersion, read and discuss James 1:19-20, Proverbs 18:2, Proverbs 21:23, and Ephesians 4:26-27.
- How did your parents handle conflict in their marriage? How has that shaped the way you handle conflict in your own marriage?
- Recall your first fight or one of your early fights as a couple. How has the way you fight changed throughout your marriage?
- What steps can you take to become a better listener in your marriage? If you are a good listener, how has that affected the way you fight with your spouse?

**Next Steps:**

- What's one thing you will do this week as a result of something you learned from this message?

**DAILY BIBLE READINGS**

Take steps to fight fair with your spouse this week by reading and talking over the following Bible passages.

**Day 1:** Proverbs 18:1-13

**Day 2:** James 3:1-12

**Day 3:** James 1:19-27

**Day 4:** Ephesians 5:21-33

**Day 5:** Ephesians 4:25-32

**Day 6:** Romans 12:9-21

**Day 7:** Matthew 18:21-35

**FROM THIS DAY FORWARD 5-WEEK DEVOTIONAL**



Make the most of From This Day Forward by reading the 5-week devotional and reading plan designed just for this series. Read this plan with your spouse and be intentional about engaging in the discussion and activities as a couple. The plan is available on YouVersion at [go2.lc/ftdfyouversion](http://go2.lc/ftdfyouversion) and in PDF form at [go2.lc/ftdfdevotional](http://go2.lc/ftdfdevotional).