

FROM THIS DAY FORWARD

FIVE COMMITMENTS TO FAIL PROOF YOUR MARRIAGE

DEVOTIONAL - WEEK 3



SEEK GOD



FIGHT FAIR



HAVE FUN



One of the most important things you must do to have a long and healthy marriage is to simply have fun. Even though you will endure tough times as a couple, you should always strive to find ways you can have fun and keep the romance as strong as it was the day you walked down the aisle. This week you will read about and discuss the importance of having fun and the types of fun every couple can enjoy.

Day 1: Ecclesiastes 9:7-10, Proverbs 17:22

Without fun and intimacy marriage becomes a business relationship. It's simply two people existing in the same house with two separate lives. No one falls in love having a bad time or being bored. Fun is not a luxury in marriage. If you don't make time for fun, you may not have a marriage to make time for.

Talk: What things are keeping you from having fun? Discuss ways you both can remove these barriers.

Pray: Ask God to help you remove the things that are keeping you and your spouse from having fun together.

Do: Go on a date night tonight or work together to plan a date night for one night this week. Make a commitment to stick to the plan!

Day 2: Song of Solomon 4:1-16, Song of Solomon 7:1-9

The Bible shows us that there are three types of fun every married couple must enjoy. The first is to spend time face-to-face talking with each other. Remember those days when you would stay up to 2:00am talking? Strive to bring back that type of conversation. Don't spend your time always talking about your busy schedules, things to do, and frustrations. Talk about the things that are most important in your lives and marriage. Compliment each other and build each other up with your words. Express your love through words like we find in the Song of Solomon.

Talk: Talk about how you felt the first time you met your spouse and share with them the reasons why you fell in love with them.

Pray: Thank God for the qualities you love most about your spouse. Pray that God will continue to develop those qualities even more.

Do: Play a game together today and enjoy a time of conversation as you play.

Day 3: Song of Solomon 7:10-13

Another type of fun all married couples should enjoy is to spend time together. How can you expect your marriage to grow if you don't spend time together? Husbands crave activity time with their wives. In fact, husbands are more likely to open up when they are doing something with their spouse that they enjoy. More importantly, spending time together can allow time for good face-to-face conversation.

Talk: Discuss the things you both enjoy doing most. Talk about how your interests have changed over the years.

Pray: Ask God to give you opportunities to spend more time together as a couple. Thank Him for all the great times you've already enjoyed together.

Do: Do something spontaneous with your spouse today such as going on an unexpected lunch or dinner, going on a drive to revisit some of your favorite places, or going on a walk together.

Day 4: Proverbs 5:1-23

The third type of fun that all married couples must enjoy is intimacy. Sex and intimacy within a marriage are vital components to having a healthy marriage. Many studies have shown that couples stray away from their marriage when intimacy is not present, as they attempt to find it elsewhere. It's important to keep that passionate fire burning that you felt at the beginning of your marriage going throughout the rest of your lives together.

Talk: Discuss ways you can spice up your marriage and improve your intimacy.

Pray: Ask God to help make intimacy a priority in your marriage.

Do: Implement one of the ideas you discussed about how to improve intimacy in your marriage.

Day 5: Revelation 2:4-5, 1 Corinthians 13:1-13

Do you remember what it was like when you first met your spouse and the indescribable feelings you had at that time? Do you still have those same feelings today that you did then? Chances are your feelings are still strong for your spouse, but probably not at the same intensity they were in the early days. To get what you once had, you have to do what you once did. Think back to the romantic things you did in the early days and strive to bring those back into your marriage.

Talk: Share with your spouse the top five things you love most about them.

Pray: Thank God for all the fun you've had in your marriage and ask Him to help you have even more in the years to come.

Do: Spend some time looking at old photos or videos of your wedding or photos of your early days as a couple. Have fun reminiscing together.